

# “The Switchback Challenge”

## REGISTRATION FORM 2012

NAME:		BIB#			
ADDRESS:		AGE:			
E-MAIL		PHONE:			
CLUB AFFILIATION		MALE/FEMALE			

<b>Check one</b>	<b>5K Junior</b> (14 and Under)	<b>5K Open</b>	<b>5K 50+ Masters</b>	<b>10K Open</b>	<b>10K 50+ Masters</b>
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	Check one	Pay by February 10th	Pay after February 10th
<b>Member</b>		<b>\$15.00 + HST</b>	<b>\$20.00 + HST</b>
<b>Non-Member</b>		<b>\$35.00 + HST</b>	<b>\$40.00 + HST</b>

PAYMENT TYPE	CASH _____	CRAIGLEITH MEMBER _____ CHARGE _____	ACCOUNT NUMBER _____
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<p><b>Date:</b> February 12th, 2012  <b>Time:</b> Check-in open at 11:30          Call to start at 12:45 (Mass Start)  <b>Location:</b> Craigeith North Lodge          Craigeith Rd. at Sleepy Hollow  <b>Courses:</b> A mixture of moderate uphill climbs and rolling terrain, on well tracked trail. Both 5K and 10K begin with a challenging uphill section from the North Lodge to the top of the Niagara Escarpment</p>	<p>Submit entries in person or mail to:          Craigeith Ski Club          164 Craigeith Road          Blue Mountains, Ontario L9Y 0S4          Fax: 705 444 2234            Course Maps Available online at  <a href="http://www.craigeith.com">www.craigeith.com</a></p>
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*At a strong walking pace without stopping the 5K course can be completed in just under 1 hour and the 10K course in just over 2 hours. Presentation and bib draw begin at 3pm.*



*The Switchback Challenge is all about having a good time and getting out on the trails with family and friends, but for those with a competitive spirit, it offers you a chance to post your best time over a measured distance, and compare your time with previous years. We do have a clock, we do have race bibs, but most of all... we have fun.*